



Menu



LUNCH

VEGGIE

\$13.50

Our most popular sandwich!

House made Scallion + Pepperoncini mayo, on sourdough bread, havarti cheese, parmesan, organic avocado, organic roma tomato, organic cucumber, sunflower and spicy microgreens, olive oil, red wine vinegar, salt & pepper. Optional pickle spear on the side.

MAKE IT VEGAN: sub vegan cheddar and vegan mayo.

MAMA'S TURKEY

\$15.00

House made Mama Lils and Green Olive Mayo, on Dos Hermanos sourdough bread, thinly slices Thuman's roasted turkey, aged Facerock cheddar cheese, organic roma tomato, organic green leaf lettuce, & salt and pepper. Optional pickle spear on the side.

HOT PASTRAMI

\$15.95

Hot Pastrami on toasted Dos Hermanos marbled rye bread topped with melted havarti, Blue Bus lemon garlic dill kraut, zesty sauce and spicy mustard.

Served hot. Optional pickle spear on the side.

PASTRAMI

\$15.95

Pastrami served cold, on Dos Hermanos marbled rye bread with havarti, housemade coleslaw, zesty sauce and spicy mustard. Optional pickle spear on the side.

Served cold.

BASIC TURKEY

\$12.75

Turkey on Dos Hermanos sourdough bread with lettuce, mayo, & havarti cheese. Optional pickle spear on the side.

SEE OUR SPECIALS MENU FOR
CURRENT SEASONAL SANDWICH & SALAD!

BREAKFAST

PASTRAMI BREAKFAST SANDWICH

\$9.75

Hot Pastrami, melted havarti on a house made egg patty (made from local, pasture raised eggs) served on a brioche bun with light butter and zesty sauce. Served until 11:30

AVO, TOMATO & CHEDDAR BREAKFAST SANDWICH

\$9.75

Melted sharp cheddar on a house made egg patty (made in house from local, pasture raised eggs) with organic avocado, organic tomato, zesty sauce, salt & pepper and light butter on a toasted brioche bun. Served until 11:30

VEGAN BREAKFAST SANDWICH

\$9.75

Thick cut sesame sourdough bread, Just Egg patty (v), Mama Lil's Peppers (mild), Vegan Cheddar, Veganaise, Avocado, Roma Tomato. Served until 11:30

AVOCADO & MICROGREENS TOAST

\$9.25

Organic avocado, Red Truck Homestead microgreens, olive oil, organic lemon juice, and Jacobsen sea salt on a slice of thick cut sesame sourdough bread!

GOAT TOAST

\$9.75

Chèvre, organic Avocado, with spicy honey and Sea Salt on Dos Hermanos sesame sourdough bread,

BANANA, PB & HONEY TOAST

\$6.50

Bananas, CB's Nuts peanut butter, and local honey on thick cut Dos Hermanos sesame sourdough bread.

SEE OUR SPECIALS MENU FOR CURRENT TOAST SPECIALS!

SALADS

FRESH LOVE SALAD

\$6.50

Locally grown mixed greens, cucumber, microgreens, roma tomato, choice of dressing. Add on turkey, Avocado and more.

COLESLAW SIDE

\$4.00

Cabbage, scallions, & house made slaw sauce. This is a classic coleslaw that you shouldn't pass on!

BEVERAGES

MIMOSA

\$12

HOUSE WHITE

\$8

STRAWBERRY MIMOSA

\$13

LOCAL BEERS

\$4.95

HOUSE RED

\$8

- MONTAVILLA BREWWORKS
- LEIKAM BREWING

NA BEVERAGES

KOMBUCHA

\$4.50 - \$5

MATE PARTY

\$4

TOPO CHICO

\$2.75

WE OFFER CATERING FOR YOUR PARTY, OFFICE MEETINGS & OTHER EVENTS!



@freshlovepdx



503-206-7066



freshlovepdx.com

ORDER
ONLINE!



FLIP FOR JUICES
& SMOOTHIES





Menu



★ FRESH JUICES ★

PICK YOUR SIZE

12 OZ	16 OZ
\$8.00	\$9.50

PICK YOUR JUICE

SUMNER SQUEEZE

CARROT - ORANGE - TURMERIC - GINGER

ROCKY BEET

CARROT - CELERY - BEET

BEECH DAY

APPLE - CELERY - PINEAPPLE - KALE

SPICY SANDY

APPLE - CELERY - CUCUMBER - KALE
JALAPEÑO - GINGER - TURMERIC - CAYENNE

CULLY KICKER

APPLE - CELERY - CUCUMBER - KALE - GINGER

~ OUR JUICES ARE RAW & UNPASTEURIZED ~

PICK YOUR ADD-INS

\$2 EACH	SEA MOSS	SHIITAKE	
	LIONSMANE		
\$1 EACH	CHIA	HEMP PROTEIN	TURMERIC
	KALE	WHEY PROTEIN	GINGER
	SPINACH	COLLAGEN	STRAWBERRY
	SPIRULINA	MANGO	BLUEBERRY
		PINEAPPLE	RASPBERRY

SEE OUR SPECIALS MENU FOR
CURRENT SEASONAL JUICE!

★ SMOOTHIES ★

PICK YOUR SIZE

12 OZ	16 OZ
\$7.50	\$9.00

PICK YOUR SMOOTHIE

ROSEWAY PUNCH

STRAWBERRY - BANANA - ORANGE JUICE

GATEWAY GREEN

AVOCADO - PINEAPPLE - SPINACH - APPLE JUICE

FREMONT FREEZE

MANGO - BANANA - VANILLA
ORANGE JUICE - COCONUT MILK

EUGENE SMOOTHIE

BLUEBERRY - STRAWBERRY - RASPBERRY
BANANA - CINNAMON - APPLE JUICE

SCHUYLER'S THE LIMIT

BANANA - COCOA - TAHINI - VANILLA
DATE - COCONUT MILK

PICK YOUR ADD-INS

\$2 EACH	SEA MOSS	SHIITAKE	
	LIONSMANE		
\$1 EACH	CHIA	HEMP PROTEIN	PEANUT BUTTER
	FLAX	WHEY PROTEIN	ALMOND BUTTER
	KALE	HEMP HEARTS	TURMERIC
	SPINACH	COCOA NIBS	GINGER
	SPIRULINA	COLLAGEN	OATS
			GOJI BERRY

SEE OUR SPECIALS MENU FOR OUR
CURRENT SEASONAL SMOOTHIE!

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CATERING

REQUEST

FLIP FOR
SALADS
& SANDWICHES

