



# LUNCH



## **VEGGIE**

\$13.50

Our most popular sandwich!

House made Scallion + Pepperoncini mayo, on sourdough bread, havarti cheese, parmesan, organic avocado, organic roma tomato, organic cucumber, sunflower and spicy microgreens, olive oil, red wine vinegar, salt & pepper. Optional pickle spear on the side.

MAKE IT VEGAN: sub vegan cheddar and vegan mayo.

## MAMA'S TURKEY

House made Mama Lils and Green Olive Mayo, on Dos Hermanos sourdough bread, thinly slices Thuman's roasted turkey, aged Facerock cheddar cheese, organic roma tomato, organic green leaf lettuce, & salt and pepper. Optional pickle spear on the side.

## **HOT PASTRAMI**

**\$15.95** 

Hot Pastrami on toasted Dos Hermanos marbled rye bread topped with melted havarti, Blue Bus lemon garlic dill kraut, zesty sauce and spicy mustard. Served hot. Optional pickle spear on the side.

### **PASTRAMI**

**\$15.95** 

Pastrami served cold, on Dos Hermanos marbled rye bread with havarti, housemade coleslaw, zesty sauce and spicy mustard. Optional pickle spear on the side. Served cold.

### **BASIC TURKEY**

**\$12.75** 

Turkey on Dos Hermanos sourdough bread with lettuce, mayo, & havarti cheese. Optional pickle spear on the side.

SEE OUR SPECIALS MENU FOR **CURRENT SEASONAL SANDWICH & SALAD!** 

# BREAKFAST

### PASTRAMI BREAKFAST SANDWICH

\$9.75

Hot Pastrami, melted havarti on a house made egg patty (made from local, pasture raised eggs) served on a brioche bun with light butter and zesty sauce. Served until 11:30

### **AVO, TOMATO & CHEDDAR BREAKFAST SANDWICH**

**\$**9.75

Melted sharp cheddar on a house made egg patty (made in house from local, pasture raised eggs) with organic avocado, organic tomato, zesty sauce, salt & pepper and light butter on a toasted brioche bun. Served until 11:30

#### VEGAN BREAKFAST SANDWICH

\$9.75

Thick cut sesame sourdough bread, Just Egg patty (v), Mama Lil's Peppers (mild), Vegan Cheddar, Veganaise, Avocado, Roma Tomato. Served until 11:30

#### **AVOCADO & MICROGREENS TOAST**

\$9.25

Organic avocado, Red Truck Homestead microgreens, olive oil, organic lemon juice, and Jacobsen sea salt on a slice of think cut sesame sourdough bread!

#### **GOAT TOAST**

\$9.75

Chèvre, organic Avocado, with spicy honey and Sea Salt on Dos Hermanos sesame sourdough bread,

#### BANANA, PB & HONEY TOAST

\$6.50

Bananas, CB's Nuts peanut butter, and local honey on thick cut Dos Hermanos sesame sourdough bread.

SEE OUR SPECIALS MENU FOR CURRENT TOAST SPECIALS!

# SALADS

# FRESH LOVE SALAD

\$6.50

Locally grown mixed greens, cucumber, microgreens, roma tomato, choice of dressing. Add on turkey, Avocado and more.

### **COLESLAW SIDE**

\$4.00

Cabbage, scallions, & house made slaw sauce. This is a classic coleslaw that you shouldn't pass on!



# BEVERAGES



NA BEVERAGES \*

**MIMOSA** 

\$12 HOUSE WHITE

\$8

**KOMBUCHA** 

\$4.50 - \$5

**STRAWBERRY MIMOSA \$13** 

\$4.95

**MATE PARTY** 

LOCAL BEERS

**HOUSE RED** 

- MONTAVILLA BREWWORKS - LEIKAM BREWING

**TOPO CHICO** 

WE OFFER CATERING FOR YOUR PARTY, OFFICE MEETINGS & OTHER EVENTS!



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ORDER **ONLINE!** 







FLIP FOR JUICES & SMOOTHIES





# FRESH JUICES

## **PICK YOUR SIZE**

12 OZ 16 OZ \$8.00 \$9.50

# **PICK YOUR JUICE**

# **SUMNER SQUEEZE**

**CARROT - ORANGE - TURMERIC - GINGER** 

## **ROCKY BEET**

**CARROT - CELERY - BEET** 

### **BEECH DAY**

**APPLE - CELERY - PINEAPPLE - KALE** 

## **SPICY SANDY**

**APPLE - CELERY - CUCUMBER - KALE** JALAPEÑO - GINGER - TURMERIC - CAYENNNE

### **CULLY KICKER**

APPLE - CELERY - CUCUMBER - KALE - GINGER

~ OUR JUICES ARE RAW & UNPASTEURIZED ~

### **PICK YOUR ADD-INS**

\$2 EACH SEA MOSS SHIITAKE

**LIONSMANE** 

\$1 EACH CHIA **HEMP PROTEIN** 

> KALE WHEY PROTEIN **GINGER** SPINACH COLLAGEN **STRAWBERRY SPIRULINA** MANGO **BLUEBERRY** PINEAPPLE **RASPBERRY**

SEE OUR SPECIALS MENU FOR **CURRENT SEASONAL JUICE!** 

# SMOOTHIES

## **PICK YOUR SIZE**

16 OZ 12 OZ \$7.50 \$9.00

# **PICK YOUR SMOOTHIE**

## **ROSEWAY PUNCH**

STRAWBERRY - BANANA - ORANGE JUICE

### **GATEWAY GREEN**

**AVOCADO - PINEAPPLE - SPINACH - APPLE JUICE** 

### FREMONT FREEZE

MANGO - BANANA - VANILLA **ORANGE JUICE - COCONUT MILK** 

### **EUGENE SMOOTHIE**

**BLUEBERRY - STRAWBERRY - RASPBERRY BANANA - CINNAMON - APPLE JUICE** 

### SCHUYLER'S THE LIMIT

BANANA - COCOA - TAHINI - VANILLA **DATE - COCONUT MILK** 

## PICK YOUR ADD-INS

\$2 EACH SEA MOSS **SHIITAKE** 

**LIONSMANE** 

\$1 EACH CHIA HEMP PROTEIN

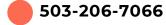
> FLAX WHEY PROTEIN KALE **HEMP HEARTS** SPINACH **COCOA NIBS COLLAGEN SPIRULINA**

**PEANUT BUTTER ALMOND BUTTER TURMERIC GINGER OATS GOJI BERRY** 

SEE OUR SPECIALS MENU FOR OUR **CURRENT SEASONAL SMOOTHIE!** 

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**TURMERIC** 





FLIP FOR SALADS & SANDWICHES

